

Alta Vista High School & Vista Visions Academy Additional School Hours

Early Bird AM Activities

Monday	Tuesday	Wednesday	Thursday	Friday
PASS/Game Room (no credit)				
*Parenting Class (*Scheduled with Counselor)				
*E2020/Edgenuity (*Scheduled with Counselor)				
Mindfulness & Coping Strategies		Mindfulness & Coping Strategies		
	Auto Tech		Auto Tech	
	*Lifeline Group (*Scheduled with Counselor)		*Lifeline Group (*Scheduled with Counselor)	
	Drama		Drama	

After School/Afternoon Activities

Monday	Tuesday	Wednesday	Thursday	Friday
*Sports: Rugby, Basketball, Soccer, Flag Football (*Scheduled with Counselor)				
Weights	Weights	Weights	Weights	
Dance/Zumba		Dance/Zumba		
Music (2 sections)			Music (2 sections)	
Gardening (2 sections)				
	Cooking Class			
	Run Club	Run Club		
		Student Leadership		
		Tutoring & Work Space (no credit)	Tutoring & Work Space (no credit)	
		*Coun 110 College Success/Fall Palomar College Class (August-December)		
		*Coun 148 Managing Stress & Well-Being/Spring Palomar College Class (January-May)		

This list shows current Trimester 2 activities and courses (last updated 12/12/19).

Parents and students, please contact the front office or the counseling office for times and locations.

Activities taught by outside instructors may change based on instructor availability.